

THE GOOD EGG

MENU
2018/10 FOOD

BREAKFAST

SERVED TIL 11.30AM (WEEKENDS ALL DAY)

(V) = Vegetarian | (VE) = Vegan | (GFO) = Gluten free option available

ACAI BOWL	\$15.50
Granola, seasonal fruit, goji berries, coconut & honey (GFO, V)	
AVOCADO TOAST	\$18.00
Whipped feta, tomato, dukkah, basil oil, herbs on toasted sourdough (V, GFO)	
-- Add 2 poached eggs \$4.50	
VANILLA FRENCH TOAST	\$18.00
Served with bacon, blueberries & maple butter (GFO)	
THE GOOD EGG PANCAKES	\$19.00
Served with banana, passionfruit mascarpone, toasted coconut & maple syrup (GFO, V)	
EGGS FLORENTINE	\$15.00
Poached eggs, English muffin, spinach & hollandaise (GFO, V)	
-- Add Salmon or Ham \$4.00	
LENTIL & SPINACH DAAL	\$21.00
Roast pumpkin, crispy kale, fried egg & coconut yoghurt served with flat bread (GFO, V)	
BRISKET CROQUETTES	\$22.00
Poached egg, charred corn salsa, sour cream & sriracha (GFO)	
BACON & EGGS	\$16.50
Local free range bacon & eggs (poached, scrambled or fried), grilled sourdough (GFO)	
THE BIG BREAKFAST	\$24.00
Free range bacon & eggs, Good Egg pork sausage, field mushroom, tomato, house made beans & grilled sourdough (GFO)	
VEGAN BREAKY	\$22.00
Lentil fritter, field mushroom, grilled tomato, roast pumpkin, house made beans & grilled sourdough (VE, GFO, V)	

FOR THE LITTLES

DIPPY EGGS (GFO, V)	\$9.00
Boiled eggs w/toasted soldiers	
KIDS PANCAKES (GFO, V)	\$9.00
Fluffy pancake served with banana, strawberry & maple syrup	
KIDS BACON & EGGS (GFO)	\$9.00
Free range egg on toast with bacon	

ADD A LITTLE BIT OF THESE TO YOUR BREAKFAST

Crusty sourdough	\$5.50
Grilled Chorizo	\$6.00
Grilled tomato	\$3.50
Gluten free toast	\$6.50
Hash browns x 3	\$6.00
Free-range bacon	\$5.50
Free range eggs x 2	\$4.50
Spinach	\$3.00
Hollandaise sauce	\$2.50
Avocado	\$4.50
Grilled field mushrooms	\$5.50
House made beans	\$5.00

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LUNCH

SERVED 11.30AM - 2.30PM

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A LITTLE BIT LIGHT

CHEESE OF THE DAY (50g) - Accompaniments & crispbreads (GFO, V) See blackboard for daily cheese	\$16.00	SPICED LAMB- Beetroot hummus, flatbread & pickled chilli (GFO)	\$15.00
GRILLED HALLOUMI - Green harissa, fresh peach, radish & almonds (V, GFO)	\$16.00	KOREAN GLAZED TOFU - Green papaya & peanut salad (GFO, VE, V)	\$16.00

MAINS

AVOCADO TOAST Whipped feta, dukkah, basil oil & herbs on toasted sourdough (GFO, V) -- Add 2 poached eggs \$4.50	\$18.00
ROAST PUMPKIN SALAD Ancient grains, pickled beetroot, pepitas & avocado with goji & cranberry dressing (V, VE, GFO) -- Add grilled chicken \$5.50	\$19.00
BBQ PULLED BEEF BURGER Cheddar, sweetcorn relish, jalapenos, brioche, salad & fries (GFO)	\$23.00
GRILLED SQUID Pineapple kimchi, roasted potatoes & aioli (GFO)	\$21.50
SPICED LENTIL BURGER Beetroot & coconut yoghurt, brioche, salad & sweet potato chips (GFO, V, VE)	\$23.00
CRISPY CHICKEN THIGH Quinoa & pomegranate tabouli with smoky eggplant & coriander (GFO)	\$22.00
THE GOOD EGG BOARD Brisket croquette, lentil fritter, grilled halloumi, hummus, baba ganoush, dukkah, pickles & flatbread (GFO)	1 Serve: \$29.00 Share: \$55.00

**** SEE OUR BLACKBOARD FOR DAILY SPECIALS ****

ON THE SIDE	Chips w/homemade roast garlic aioli (V, GFO)	\$8.50
	Oven roasted sweet potato chips with veganise (V, VE, GFO)	\$8.50
	Garden salad w/ house made dressing (V, VE, GFO)	\$8.50

FOR THE LITTLES

HOT DOG & FRIES (GFO)	\$13.50	
HAM & CHEESE PIZZA (GFO)	\$13.50	Each with your choice of Apple or Orange Harvey Fresh juice
CRISPY CHICKEN & FRIES (GFO)	\$13.50	

*Although we take the upmost care in preparing your gluten free meal please note that we cannot guarantee that cross contamination may occur