

THE GOOD EGG

MENU
2019/06 FOOD

BREAKFAST

SERVED TIL 11.30AM (WEEKENDS ALL DAY)

(V) = Vegetarian | (VE) = Vegan | (GFO) = Gluten free option available

BLUEBERRY & COCONUT CHIA BOWL Red apple, banana, gojis, coconut yoghurt, granola (VE, GF, DF)	\$17.00
AVOCADO TOAST Whipped feta, tomato, dukkah, rocket, basil oil, sourdough (GFO, V, VEO) -- Add 2 poached eggs \$4.50	\$18.00
CHAI SPICED FRENCH TOAST Poached pears, honeyed ricotta, granola & maple (GFO, V)	\$19.00
THE GOOD EGG PANCAKES Served with poached rhubarb, caramelised banana, citrus yoghurt, pistachios & maple syrup (GFO, V)	\$20.00
EGGS FLORENTINE Poached eggs, English muffin, spinach & hollandaise (GFO, V) -- Add Salmon or Ham \$4.00	\$15.00
GREEN SHAKSHUKA Moroccan spiced baked eggs, kale, spinach & tomato, yoghurt, avo, herbs & sourdough (GFO, V, VEO) -- Add Chroizo \$4.00	\$20.00
NASI GORENG Traditional Indo style, chicken, prawns, fried egg, sambal & sweet soy (GF)	\$20.00
CHORIZO CROQUETTES Romesco sauce, spinach, preserved lemon, cherry tomatoes poached egg, manchego crisp (GF)	\$22.00
VEGAN BREAKY Crispy polenta, wilted kale, grilled mushroom & tomato, BBQ beans, avo & tapenade (VE, GF)	\$22.00
FREE RANGE BACON & EGGS Bacon & eggs (Fried, poached or scrambled) toasted sourdough (GFO)	\$16.50
BIG BREAKY Free range bacon & eggs (Fried, poached or scrambled) 'our' pork sausage, grilled mushroom and tomato, BBQ beans, toasted sourdough (GFO)	\$24.00

FOR THE LITTLES

DIPPY EGGS (GFO, V) Boiled eggs w/toasted soldiers	\$9.00
KIDS PANCAKES (GFO, V) Fluffy pancake served with banana, strawberry & maple syrup	\$9.00
KIDS BACON & EGGS (GFO) Free range egg on toast with bacon	\$9.00

ADD A LITTLE BIT OF THESE TO YOUR BREAKFAST

Crusty sourdough	\$5.50
Grilled Chorizo	\$6.00
Grilled tomato	\$3.50
Gluten free toast	\$6.50
Hash browns x 3	\$6.00
Free-range bacon	\$5.50
Free range eggs x 2	\$4.50
Spinach	\$3.00
Hollandaise sauce	\$2.50
Avocado	\$4.50
Grilled field mushrooms	\$5.50
House made beans	\$5.00
Fruit Toast	\$7.50

*Although we take the upmost care in preparing your gluten free meal please note that we cannot guarantee that cross contamination may occur

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LUNCH

SERVED 11.30AM - 2.30PM

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A LITTLE BIT LIGHT

CHORIZO Grilled chorizo, feta, lime & parsley (GF)	\$14.00	EGYPTIAN FALAFELS Coconut labneh, mandarin, zucchini pickle (VE, GF)	\$12.50
ASIAN GREENS Stir-fried with sambal & soy, crispy shallots, lime (VE, GFO)	\$10.00	CHAR-GRILLED OCTOPUS Taramasalata, sage butter, smoked paprika (GF)	\$16.00

MAINS

AVOCADO TOAST Whipped feta, dukkah, basil oil & herbs on toasted sourdough (GFO, V) -- Add 2 poached eggs \$4.50	\$18.00
CAMBODIAN BEEF CURRY Lemongrass, ginger, coconut & peanut sauce, Asian greens, brown rice & bean shoots (GF)	\$22.00
KOREAN CHICKEN BURGER Crispy fried chicken, traditional pickles, seoul mayo, milk bun, fries (GFO)	\$21.00
WARM BEETROOT SALAD Heirloom beets, vegan ricotta, freekeh, pickled carrots, fresh pear, frisee, flax crumb (GF, VE)	\$19.00
SIZZLING PRAWNS & CHORIZO W.A prawns, chorizo, fried potatoes, romesco, cherry tomatoes, soft herbs, aioli (GF)	\$23.50
MUSHROOM & KALE RAGU Crispy polenta, cherry tomatoes, rosemary gremolata, olive crumb, herbs (VE, GF)	\$20.00
CAJUN JACKFRUIT TACOS Green tomato & blackbean salsa, vegan sour cream, hot sauce, slaw (VE, GF)	\$21.00
THE GOOD EGG BOARD Chorizo croquette, Egyptian falafel, charred octopus, romesco, olives, pickles, toasted sourdough	1 Serve: \$29.00 Share: \$55.00

**** SEE OUR BLACKBOARD FOR DAILY SPECIALS ****

ON THE SIDE	Chips w/homemade roast garlic aioli (V, GFO)	\$8.50
	Oven roasted sweet potato chips with veganise (V, VE, GFO)	\$8.50
	Garden salad w/ house made dressing (V, VE, GFO)	\$8.50

FOR THE LITTLES

HOT DOG & FRIES (GFO)	\$13.50	
HAM & CHEESE PIZZA (GFO)	\$13.50	Each with your choice of Apple or Orange Harvey Fresh juice
CRISPY CHICKEN & FRIES (GFO)	\$13.50	

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