

# THE GOOD EGG

MENU  
2019/12 FOOD

## BREAKFAST

SERVED TIL 11.30AM (WEEKENDS TIL 2.30PM)

(V) = Vegetarian | (VE) = Vegan | (GFO) = Gluten free option available

FRUIT TOAST With jam & raspberry mascarpone	\$8.50
MANGO AND COCONUT CHIA BOWL, pineapple, strawberry and passionfruit salad, granola & mint (VE,GF)	\$18.00
MINI AVO TOAST AND CHIA BOARD (VE) (GFO) - Add poached egg \$2.50	\$19.00
GOOD EGG PANCAKES or FRENCH TOAST (GFO) served with either Raspberry mascarpone, roasted stone fruit, almonds and maple or Bacon, maple and whipped butter	\$20.00 \$18.00
CUBAN VEGAN BOWL Sweet potato picadillo, mojo tofu, charred broccolini, fried bread (VE,GF)	\$24.00
BIG BREAKY Free range bacon & eggs your way, 'Our' pork sausage, grilled mushy and tomato, baked beans, sourdough (GFO)	\$24.00
BACON AND EGGS Free range bacon and eggs your way, grilled sourdough (GFO)	\$17.00
SMASHED AVO TOAST with pea, grilled asparagus, feta, black dukkah on sourdough (VE,GFO) - Add 2 poached eggs \$4.50	\$20.00
VIETNAMESE PANCAKES Crispy pork belly, Asian herbs, bean shoots, nuoc nam sauce (GFO)	\$22.00
EGGS FLORENTINE Free range poached eggs, toasted English muffin, hollandaise (GFO) - Add salmon or ham \$4	\$16.00

## FOR THE LITTLES

DIPPY EGGS (GFO, V) Boiled eggs w/toasted soldiers	\$9.00
KIDS PANCAKES (GFO, V) Fluffy pancake served with banana, strawberry & maple syrup	\$9.00
KIDS BACON & EGGS (GFO) Free range egg on toast with bacon	\$9.00

## ADD A LITTLE BIT OF THESE TO YOUR BREAKFAST

Crusty sourdough	\$5.50
Grilled Chorizo	\$6.00
Grilled tomato	\$3.50
Gluten free toast	\$6.50
Hash browns x 3	\$6.00
Free-range bacon	\$5.50
Free range eggs x 2	\$4.50
Spinach	\$3.00
Hollandaise sauce	\$2.50
Avocado	\$4.50
Grilled field mushrooms	\$5.50
House made beans	\$5.00

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## LUNCH

SERVED 11.30AM - 2.30PM

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### A LITTLE BIT LIGHT

Grilled artichokes, muhummara, labneh and basil (VE,GF)	\$14.50	Shark bay scallops, chopped salad, nduja butter, bee pollen (GF)	\$18.00
Lamb cutlets, caponata, yoghurt, zaatar (GF)	\$18.00	Grilled halloumi- Beetroot, rainbow chard, pomegranate, fried grains (V,GF)	\$16.00

## MAINS

ARGENTINIAN STEAK SANDWICH Charred scotchey, mojo verde sauce, avo, cos, roasted capsicum aioli, sourdough, fries (GFO)	\$24.00
OCEAN TROUT POKE BOWL Red grains, broccolini, wakame, pickles, crispy shallots, egg (GF) Vegan Option - Marinated Tempeh, Avocado	\$27.50
SOBA NOODLE SALAD Burnt pumpkin, cucumber, avocado, furikake, miso & ginger dressing (VE,GF)	\$21.00
CUBAN VEGAN BOWL Sweet potato picadillo, mojo tofu, charred broccolini, fried bread (VE,GF)	\$24.00
SMASHED AVO TOAST with pea, grilled asparagus, feta, black dukkah on sourdough (VE,GFO) - Add 2 poached eggs \$4.50	\$20.00
GOOD EGG BOARD Grilled Halloumi, seared scotchey & mojo verde sauce, crispy artichoke, muhummara, olives, pickles and flat bread	
	For 1 \$29 \$29.00
	For 2 \$55 \$55.00

**\*\* SEE OUR BLACKBOARD FOR DAILY SPECIALS \*\***

ON THE SIDE	Chips w/homemade roast garlic aioli (V, GFO)	\$8.50
	Oven roasted sweet potato chips with veganaise (V, VE, GFO)	\$8.50
	Garden salad w/ house made dressing (V, VE, GFO)	\$8.50

## FOR THE LITTLES

HAM & CHEESE TOASTIE (GFO)	\$13.50	
HAM & CHEESE PIZZA (GFO)	\$13.50	Each with your choice of Apple or Orange Harvey Fresh juice
CRISPY CHICKEN & FRIES (GFO)	\$13.50	

\*Although we take the upmost care in preparing your gluten free meal please note that we cannot guarantee that cross contamination may occur